**It’s Good to Walk**

  A group of penguins at a zoo in Japan take a walk to lose weight. Every day, 15 king penguins there walk 500 meters twice. “Just like human, penguins don’t exercise much during winter. They become fat easily,” says a zookeeper.

散步有益
  在日本的一个动物园里一群企鹅在散步减肥。哪里的15只金企鹅媒体散步两次，每次500米。 动物园工作人员说：“和人类一样，企鹅冬天不怎么运动，容易发胖。”